

Peterborough Skills Academy



Newsletter

Dear Learners,

Welcome to your Newsletter.

We hope that you are keeping well and that you have been able to enjoy some outdoor social and leisure activities many of us have been missing.

In the past week, we have seen further easing of restrictions as we enter Stage 3 of the Government's roadmap. We expect the Government to make a further announcement around the 14th of June about plans for Stage 4 of the roadmap.

In the meantime, we want to thank you all for continuing to follow the Government guidance and working hard to achieve your goals.

Updates:

- New Safeguarding Leads:
Managing Director Ben Martin is now the Designated Safeguarding Lead.
Tutor Dave Mortimer is now a Deputy Designated Safeguarding Lead.
- We now have rapid lateral flow tests that you can collect from the reception or this will be given to you by your tutor.

Q & A SESSION

Q & A with Harry, Level 3 Apprenticeship

1. **What's your name?** Harry.

2. **Get to know you questions:**

Q: What's your comfort binge TV show?

My comfort binge TV show will be the US version of the Office.

Q: Who is your celebrity crush?

My celebrity crush would have to be Nicole Scherzinger.

Q: If you were reincarnated as an animal what would you be?

I would have to come back as a cat. They live such a simple and easy life, get fed and watered as they do and as they ask so it's a win win.

3. **What is your course?**

Level 3 Business Administration

4. **Your daily activities?**

Order car parts, uploading and booking invoices... chasing suppliers and branches... shopping around for discounts available, shopping around for prices - best quality parts at the best price.

5. **What have you learned since the Apprenticeship?**

The main thing I learned was the importance of balancing work life and home life. At first, I was juggling both and it was not working – I was finding myself 'dead' the next day.

6. **Is your apprenticeship what you expected it to be?**

It is different to what I expected in some ways, but it is pushing me out of my comfort zone to do better.

7. **How has your Apprenticeship affected you?**

I previously completed a Level 2 Apprenticeship that helped me secure the job that I'm doing. I am now doing a Level 3 Apprenticeship to hopefully give me the scope to go even further.

8. **Any future plans?**

In the not-too-distant future, I would like to be in a management position with a small team of people around me with more responsibility. Working with people I can help improve but also improve myself at the same time. I am open to do different things and to hopefully progress within the business.

9. **Top Tips for anyone applying for Apprenticeships?**

I would advise anyone who's doing an apprenticeship to bite the bullet and do it. I was skeptical at first but 3 years down the line I'm very glad I did it, can't complain about learning and earning - that's one of the biggest bonus for me. You'll also build a relationship with people that you'll be working with in the future. Just apply what's best for you, don't do something just because you're being pushed into it. Do something that you actually want to do. Don't be put off by the wage, as you've got to start somewhere. Just do it, what can you lose?

SAFEGUARDING

PREVENT (Safeguarding)

What is Prevent?

Prevent was created to address the threat posed by a variety of extremist and terrorist ideologies, groups, and individuals in the UK (To Pursue, Protect and Prepare).

It is about protecting people from being lured into extremism and ensuring that those who are vulnerable to radical narratives get timely advice and assistance.

Prevent is about stopping young people being drawn into activist groups that break the law.



For example:

In the news, there are Animal Rebellion activists in Hemel Hempstead demanding that "McDonald's goes fully plant-based by 2025" by using trucks and bamboo structures to stop lorries leaving depots. People have attached themselves to bamboo structures blocking access to depots as the group aimed to "cause significant disruption" to McDonald's.

According to the British Values, you are allowed to express yourself in a peaceful way however there are concerns over the “significant disruption to businesses” caused by blocking the sole entrance and exit point to the distribution site.

Read the full article on <https://www.bbc.co.uk/news/uk-57210428>

ONLINE E-SAFETY



You are growing up in a digital world and it is crucial that you develop understanding to balance the benefits offered by technology with a critical awareness of your own and other’s online behaviour, staying safe and making a positive contribution online. These are some of the key themes to be aware about.

 <p>SELF-IMAGE & IDENTITY</p> <p>Explore the differences between online and offline identity beginning with self-awareness, shaping online identities and how media impacts on gender and stereotypes.</p> <p>Think about how you create and edit your own identity online by choosing what information or images to share and be aware that other people do the same.</p>	 <p>ONLINE RELATIONSHIPS</p> <p>Technology shapes communication styles and it is important to identify signs for positive relationships and indication of exploitation in online communities. While positive online interaction can empower and amplify voice, certain behaviours may lead to harm.</p>	 <p>ONLINE REPUTATION</p> <p>It is important to identify and explore the concept of reputation and how others may use online information to make judgements about you, e.g. potential employers.</p> <p>Manage your personal digital content effectively and capitalise on technology’s capacity to create effective positive profiles.</p>	 <p>ONLINE BULLYING</p> <p>Technology unfortunately offers a platform for online bullying and other online aggressions to take place. It is important to report all forms of online bullying and other aggressive behaviours that require active intervention. This might include reporting comments you have witnessed or directly received online.</p>
 <p>MANAGING ONLINE INFORMATION</p> <p>Think about how your online information is found, viewed and interpreted through various online platforms. Think about what information you share and post by critically evaluating the information you choose to upload and consider who might be able to access anything you post. Once you have uploaded content it is often difficult to delete.</p>	 <p>PRIVACY & SECURITY</p> <p>Personal online information can be used, stored, processed and shared. Limit the impact on privacy and protect data and systems against any forms of compromise. Always keep your password secret and check your privacy and security settings for any site you use.</p>	 <p>HEALTH, WELLBEING & LIFESTYLE</p> <p>Understand how the impact of technology is linked to your personal health, well-being and lifestyle. Limit the impact of technology on your health by using night-shift modes, taking regular breaks, applying correct posture, timely sleep, diet and exercise. Consider the impact of what you are viewing online on your mental health and whether it helps you or makes you feel bad in any way.</p>	 <p>COPYRIGHT & OWNERSHIP</p> <p>Ownership of copyright may depend on the circumstances under which the content was created. It is important to explore the concept of ownership of online content and the protection of personal content, the rights of others as well as addressing potential consequences of illegal access, download and distribution.</p>

If you are concerned around your online safety or you think someone may be vulnerable to online abuse, please speak to your tutor or contact the Safeguarding Team: safeguarding@psatraining.org.uk

If you have any concerns or for further support, please contact:

Ben Martin
Designated Safeguarding Lead
[01733 516000](tel:01733516000)

Liz Howarth
Deputy Designated Safeguarding Lead
[01733 516000](tel:01733516000)

Dave Mortimer
Deputy Designated Safeguarding Lead
[01733 516000](tel:01733516000)

Alternatively, you use our secure e-mail to contact us:

safeguarding@psatraining.org.uk

Finally, we always want to learn more about what we do well and where we can improve. To provide ideas, suggestions and feedback on any part of your experience at Peterborough Skills Academy please use this link to fill out the PSA learner feedback form: <https://bit.ly/3yHSwr2>

Thank you for reading.

In the meantime, visit our recently updated website www.psatraining.org.uk for more safeguarding news.

Best wishes,

Peterborough Skills Academy Team